

Master your body.



태권도

Tae Kwon Do

@ Experimental College

Courtesy, Integrity, Perseverance, Loyalty,
Honor, Self Control, Indomitable Spirit.

These are the seven tenets of Tae Kwon Do, 'The Art of Kicking and Punching,' an explosive Korean martial art that emphasizes mobile stances and powerful kicks.

The EC Tae Kwon Do class is taught in a formal, yet friendly and encouraging manner. Classes are held on the UC Davis campus.

Students begin with basic stances, blocks, strikes and movements and eventually develop their mobility, speed, coordination, balance and power.

For more information, visit
www.ucdtkd.org

Courses held through the Experimental College
ecollege.ucdavis.edu

No UC affiliation required!

Tae Kwon Do at the EC
<http://www.ucdtkd.org/>

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